



中药全球化联盟

CONSORTIUM FOR GLOBALIZATION OF CHINESE MEDICINE



2025

REGIONAL REPORT

United Kingdom

UK Co – Chair: Qihe Xu | George He





George HE

- **Executive Director**

UK Centre of Chinese Medicine

- **Principal**

Phoenix Academy of Acupuncture & Herbal Medicine

- **Managing Director**

Phoenix Medical Group

- **Principal**

Nanjing University of Chinese Medicine International
JingFang Institute - UK Branch

PROFESSIONAL AFFILIATIONS

- Fellow, Royal Society of Medicine
- Member, Pharmacognosy and Phytotherapy Research Group, School of Pharmacy, UCL
- Member, ISO / TC 249 UK Working Group
- Co-Treasurer, GP-TCM RA
- UK Co-Chair, CGCM
- Honorary advisor, King's CICM, KCL
- Guest Professor, Shanghai University of Traditional Chinese Medicine
- Guest Professor, Nanjing University of Chinese Medicine International JingFang Institute
- Advisor, FTCMP
- Full member, ATCMA
- Full member, RCHM



Mission & Goals of UK-CGCM

- To advance the field of Chinese herbal medicine to benefit humankind through joint efforts of the academic institutions, industries and regulatory agencies throughout the UK.
- To develop platform technologies required for advancing Chinese herbal medicine by joint efforts.
- To facilitate the interaction and collaboration among different institutes in advancing Chinese herbal medicine by sharing information.
- To promote a high-quality evidence-based research and develop Chinese herbal medicine internationally.
- To assist industry with the development of new products and their regulatory acceptance



1. ATCMA: Ms. Mei Xing
2. Bradford University of Bradford: Dr. Qun Shao
3. Brunel University London: Dr. Svetlana Ignatova
4. Chinese Medical Institute and Register: Mr. Don Mei
5. GP-TCM RA: Dr. Mei Wang
6. King's College London: Dr. Qihe Xu, King's Centre for Integrative Chinese Medicine, KCL
7. Royal Botanic Gardens: Prof. Monique Simonds; Dr Fang Rui
8. Oxford University: ex-Prof. Gerard Bodeker and Dr. Yuling Ma
9. UCL School of Pharmacy: Prof. Michael Heinrich
10. University of Cambridge: Prof. Taiping Fan will continue to serve as the contact while a deputy and an alternative contact are being found.
11. UK Centre of Chinese Medicine (CCMUK): Mr. George He
12. University of Westminster: Dr. Antony Booker
13. Liverpool John Moores University: No suitable liaison is identified.
14. Nottingham University: No suitable liaison is identified.
15. University of Wolverhampton: No suitable liaison has been identified.
16. University of Southampton: Dr. Merlin Willcox, Dr. Xiaoyang Hu
17. RCHM: Mr. Martin John
18. BAoC: Mr. Alex Jacoby

UK
Network



Prof. Michael Heinrich

- MH's Yushan Fellowship at China Medical University (Taichung) has been renewed for 2025 – 2028, establishing close collaborations with Taiwanese colleagues
- New links with the Kunming Inst. Bot. (Prof RY YAO)
- Honorary prof at HMBU (Oct 25)
- A key activity relates to the implementation of reporting standards for research on herbal extracts (incl. TCM) i.e. Heinrich M., Jalil B., Abdel-Tawab M., Echeverria J., Kulić Ž., McGaw L.J., Pezzuto J.M., Potterat O., Wang J.-B. 2022
- Best Practice in the chemical characterisation of extracts used in pharmacological and toxicological research—The ConPhyMP—Guidelines. Front. Pharmacol. 13:953205. doi: 10.3389/fphar..2022.953205. *in order to overcome key challenges in the quality of research on herbal medicine*
- Some key relevant publications (out of about 35 in 2024 – 2025 for a full list see:
https://scholar.google.com/citations?hl=en&user=jWHm_7oAAAAJ&view_op=list_works&sortby=pubdate)



Prof. Michael Heinrich

- Frost R, Zamri A, Mathew S, Salame A, Bhanu C, Bhamra SK, Bazo-Alvarez JC, Heinrich M, Walters K. Understanding the research landscape of over-the-counter herbal products, dietary supplements, and medications evaluated for depressive symptoms in adults: a scoping review. *Front Pharmacol*. 2025 Jul 15;16:1609605. doi: 10.3389/fphar.2025.1609605.
- Gu, J., Lane, M. E., Da Silva Sil Dos Santos, B., & Heinrich, M. (2024). Topical and transdermal botanical formulations of the Chinese pharmacopoeia—A review. *Phytotherapy Research*, 1–20. <https://doi.org/10.1002/ptr.8286>
- He X, Chen X, Yang Y, Gu J, Xie Y, Liu Y, Hao M, Heinrich M. The role of gastrodin in the management of CNS-related diseases: Underlying mechanisms to therapeutic perspectives. *Phytother Res*. 2024 Nov;38(11):5107-5133. doi: 10.1002/ptr.8314.
- Mykhailenko O, Jalil B, McGaw LJ, Echeverría J, Takubessi M, Heinrich M. Climate change and the sustainable use of medicinal plants: a call for "new" research strategies. *Front Pharmacol*. 2025 Feb 3;15:1496792. doi: 10.3389/fphar.2024.149679
- Zhang, Si-Zhe Shui, et al (2025) Paeoniae Radix alba polysaccharide modulates gut microbiota to restore metabolites and promote the enteric nervous system development in colitis mice, *Food Bioscience* 71,107093 <https://doi.org/10.1016/j.fbio.2025.107093>.
- Gao K, Heinrich M, Yang G, Zhao H, Zhou X, Li S. Editorial: Traditional clinical symptoms and signs: how can they be used to investigate medications in the context of pharmacology? *Front Pharmacol*. 2025 Mar 31;16:1588000. doi: 10.3389/fphar.2025.1588000.

The King's Centre for Integrative Chinese Medicine

伦敦国王学院整合中医药学中心

- In the Past Year, King's CICM Has Focused on Team Building, Website Construction, Collaborative Research and Fundraising.
- On 5th Jan. 2025, an Honorary Advisory (HAB) Board, Co-Chaired by Prof. Yung-Chi Cheng and Prof Clara Lau, was founded. Comprising 53 international leaders in Acupuncture, TCM, Chinese Materia Medica, Clinical Trial, Pharmaceutical Science, etc.
- King's CICM & CCMUK Co - Organised a Forum, showcasing how evidence-based TCM addresses major health problems.



The King's Centre for Integrative Chinese Medicine 伦敦国王学院整合中医学中心

- So far, King's CICM Has Recruited 22 KCL/KHP Staff in Its Core Team
- Co-Directed by:
 - Dr Qihe Xu (Overall leadership & Translational Research); and
 - Prof Yanzhong Wang (Enabling AI, Big Data and Clinical Studies)
- Core Programmes: Kidney Disease, CVD, Cancer & Other Ageing-Related Disorders.
- Main Expertise: AI, Big Data & RCT, Biomedical Science, PPI, EDI, Medical Humanities, Fundraising.

Website: A portal for collaboration.

Website: <https://www.kingscicm.org>, 中文官网: <https://chinese.kingscicm.org/>

The King's Centre for Integrative Chinese Medicine 伦敦国王学院整合中医药学中心

King's CICM's Research Was Characterised by Collaborations.

- Introducing British Library holdings of CMM classics to China: It's a collaboration with researchers in Beijing, Hong Kong and the BL in London:
 - 付璐*, 谢函霖, 赵中振, Qihe Xu*. 大英图书馆藏中国本草古籍初探. Ready for submission.
- Introducing foreign medicinal plants into TCM: Collaborations with researchers at BUCM in Beijing.
 - 黄玉娇, 张建军, ..., Qihe Xu, 王林元. 新外来中药红色百金花的中草药性理论研究. Submitted.
 - 贾宇鑫, ..., Qihe Xu, 张建军, 王淳新. 外来药用资源互叶白千层的中药化研究. Submitted.
- Finally, Qihe Xu's talk on Integrative Chinese Medicine: addressing unmet needs; catalysing innovation; and disseminating international guidelines.
- UK Kidney Week, Bournemouth, UK. June 2025
- School of Pharmacy, Beijing University of Chinese Medicine, Beijing, China, Oct. 2024.
- 4th International Forum of *Integrative Medicine in Nephrology and Andrology*, Beijing, China, Oct. 2024
- Chinese Acupuncture and Herbal Medicine Alliance Annual Meeting, London, UK. Nov. 2024.



KING'S HEALTH PARTNERS

ATCM overview and main achievement



- **Founded:** 1994.
- **Mission:** Promote, develop, and preserve Traditional Chinese Medicine (TCM) in the UK through professional standards, education, and public engagement.
- **Membership:** ~700 practitioners nationwide.
- Democratic election of the council
 - 7 professional committees (Education, Academic, PR, Editorial, Membership, Research, Professional Conduct)
 - 7 regional groups (London, East England, Northeast, Scotland, Ireland, etc.)
- **Milestone achievement:**
 - Advocacy for UK TCM legislation (2000–2012)
 - Host of WFAS International Acupuncture Conference, London 2024
 - Strong partnerships with BAoC, BMAS, RCHM



ATCM overview and main achievement

Future Plans:

- **Professional Recognition:** Pursue Professional Standards Authority (PSA) accreditation (UK highest complementary medicine self statutory professional body)
- **Talent Development:** High-quality training programmes to nurture new TCM practitioners
- **Global Outreach:** Expand international partnerships (Australia, Sweden, USA)
- **Innovation & Tradition:** Combine modern research with classical TCM heritage to enhance global health





GP-TCM RA Membership

	24 August 2024	14 July 2025
Corporate Members	5	5
Institutional Members	8	9
Life Members	45	51
Honorary Members	15	16
Ordinary Full Members	242	267
Student Members	34	44

Interest Groups	Members
Quality Control	165
Pharmacology and Toxicology	262
Clinical Studies	161
Regulatory Aspects & Industry	121
Acupuncture - Moxibustion and Meridians	69
Publication	179
Good Clinical Practice Guidelines	107

BoD and IG Chairs and Co-chairs face-to face meeting



23rd July 2025



2025 GPTCM RA annual meeting in Kew Gardens in the UK



Conference agenda

The 13th GP-TCM RA Annual Meeting
(in association with FTCMP and CCMUK)



One health - potential for the integration of Chinese Medicine



Royal Botanic Gardens, Kew, UK (24-27 July 2025)

中医药规范研究学会第 13 届年会

英国伦敦皇家植物园邱园

2025 年 7 月 24-27 日



Day 1	24 th July 2025 (Thursday)		
From 08:10	Arrive Victoria Gate, Kew Road TW9 3AE		
08:30 – 09:00	Registration in Jodrell Laboratory		
10:00 – 10:30	Opening remarks and Welcome	Prof. Monique Simmonds, Host of the meeting Dr. Mei Wang, President of GP-TCM RA	

Conference Group Photo



103 participants; 47 abstracts accepted



01

An independent, not-for-profit organisation based in the UK

02

Acts as a central hub, providing a foundation for collaboration related to Chinese Medicine

03

Amplify social impact of Chinese medicine, Enhance standards in education, practice and product quality.

04

Supports and promotes evidence-based research projects, hosts the annual Chinese Medicine & Human Health Conference, and collaborates with partners to cohost additional events periodically.

05

By upholding the principles of integrity, honesty, and reputation, CCMUK strives to build trust and strengthen the influence of Chinese medicine within the community.

Supporting the Advancement
of Chinese Medicine

VISION

CCMUK envisions a thriving, trusted future for Chinese medicine in the UK and Europe. We expand its positive impact by embedding high standards in education, clinical practice, and product quality, safeguarding public health and building confidence among patients, professionals, and policymakers. As an independent, non-profit hub, we unite universities, clinics, suppliers, and professional bodies to collaborate, share evidence, and raise the bar. We champion transparent quality assurance, ethical practice, and research for safe, integrative care. We support the sector through practical partnerships, teaching, publications, events, and international opportunities.



MISSION

CCMUK (the UK Centre of Chinese Medicine), serves as a conduit for Chinese medicine scientific research, academic education, clinical skills exchange, and project incubation and implementation. We are committed to:

- Cultivating connections and partnerships with stakeholders in the industry.
- Advocating for high standards in Chinese medicine education, practice, and product quality.
- Fostering research, academic activities, innovation, and productivity within the field of Chinese Medicine.

Our mission is to augment the societal influence of Chinese medicine, uphold public health, and propel the sustainable development of the Chinese medicine industry in the UK.

ETHICS

Our Code of Ethics applies to all individuals engaged in professional relationships with CCMUK, including members of professional advisory committees, collaborators, event organisers, and contractors. We uphold the following principles:

Integrity: All decisions made on behalf of CCMUK must uphold integrity and independence, avoiding conflicts of interest and personal gain.

Honesty: Individuals must act honestly, disclose conflicts of interest, and safeguard confidential information.

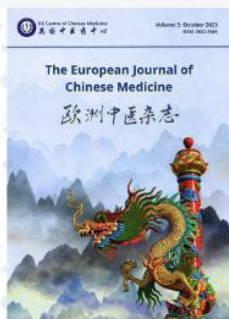
Reputation: CCMUK refrains from engaging in arrangements that could tarnish its reputation, independence, or ability to fulfil its mission.

By adhering to these principles, we ensure the integrity and effectiveness of our organisation in serving the Chinese medicine community and advancing our shared mission.



www.ccmuk.org
office@ccmuk.org
(+44) 1245 350822

PUBLICATIONS



PARTNERSHIPS & COLLABORATIONS



www.ccmuk.org



中药全球化联盟

CONSORTIUM FOR GLOBALIZATION OF CHINESE MEDICINE



Thank You

UK Co-Chair: Qihe Xu | George He

